



WE BELIEVE IN THE

*Power* OF  
FOOD

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We believe in the power of food to advance your healing and aid in your well being. Its power to connect, comfort, restore and rejuvenate. Motivated by this belief, our team of chefs have put together a menu of daily specials featuring fresh ingredients which are locally sourced whenever possible. These modern offerings will be tailored to meet your specific dietary needs providing you with an exceptional experience.

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*Please Enjoy...*

A server will assist you with any questions you may have and guide you through the ordering process.

A Patient Dining Associate will assist you with any questions you may have and guide you through the ordering process.

Dining Associates can be reached at \_\_\_\_\_ between 7:00am-7:00pm daily.



We work with our Atrium partners to incorporate and practice sustainability throughout our kitchens by increasing our efforts to reduce food waste and giving back to those in our neighboring communities. We aim to provide the highest standards and quality meals including plant-forward/vegetarian options as well as those on specialized diets.



# DAILY Specials



SCAN QR CODE  
FOR ALTERNATE  
DIET MENUS

Your Diet...

LIKE YOUR MEDICATIONS, IS AN IMPORTANT PART OF YOUR TREATMENT AND MAY HAVE RESTRICTIONS TO HELP MEET YOUR MEDICAL NEEDS. PLEASE REFER TO THE QR CODE FOR COMMON DIETS BELOW.

## MINCED & MOIST DIET

Sunday

Breakfast

### SCRAMBLED EGGS

turkey sausage with herb sauce, sautéed breakfast potatoes, and banana pudding

Lunch

### CHICKEN

mashed potatoes, steamed broccoli, applesauce with cinnamon, and cookie & cream mousse

Dinner

### ORZO WITH MEAT SAUCE

sautéed zucchini, pears, and vanilla pudding

Monday

Breakfast

### SCRAMBLED EGGS

turkey sausage with herb sauce, pears, grits, and vanilla yogurt

Lunch

### PORK

macaroni and cheese, sautéed zucchini, pears, and vanilla mousse

Dinner

### CHICKEN

wild rice with beef demi-glace, steamed broccoli, and chocolate mousse

Tuesday

Breakfast

### SCRAMBLED EGGS

turkey sausage with herb sauce, sautéed breakfast potatoes, and diced peaches

Lunch

### CHICKEN

white rice, chicken gravy, green beans, applesauce, and chocolate mousse

Dinner

### MEATLOAF WITH DEMI-GLACE

garlic mashed potatoes, green beans, pears, and citrus mousse

Wednesday

Breakfast

### SCRAMBLED EGGS

turkey sausage with herb sauce, banana pudding and apple-cinnamon cream of wheat

Lunch

### ROAST BEEF

mashed potatoes, carrots, diced peaches, and applesauce with cinnamon

Dinner

### PESTO GRILLED CHICKEN

orzo pasta with cheese sauce, broccoli, applesauce with cinnamon, and chocolate mousse

Thursday

Breakfast

### SCRAMBLED EGGS

turkey sausage with herb sauce, sautéed breakfast potatoes, applesauce, and vanilla yogurt

Lunch

### BAKED CHICKEN

orzo with marinara, white rice, chicken gravy, green beans, diced peaches, and vanilla mousse

Dinner

### ROAST BEEF

herbed rice pilaf, steamed broccoli, pears, and citrus mousse

Friday

Breakfast

### SCRAMBLED EGGS

turkey sausage with herb sauce, pears, and grits

Lunch

### TURKEY BREAST WITH GRAVY

mashed potatoes, steamed broccoli, pears, and citrus mousse

Dinner

### SALMON

white rice, green beans, and vanilla pudding

Saturday

Breakfast

### SCRAMBLED EGGS

turkey sausage with herb sauce, sautéed breakfast potatoes, and diced peaches

Lunch

### PORK

herbed rice pilaf, carrots, diced peaches, and vanilla pudding

Dinner

### BAKED CHICKEN

orzo pasta with cheese sauce, sauteed zucchini, applesauce, and chocolate mousse

REGULAR

2 GM SODIUM

CONSISTENT CARBOHYDRATE

MEDITERRANEAN

RENAL

VEGETARIAN

INTERNATIONAL DYSPHAGIA

PEDIATRICS